

WOW!!!

LOOK AND SEE WHAT'S UP AT NATICK RECREATION & PARKS



Natick Recreation and Parks Department

FALL 2010

Programs & Events Brochure

***ON-LINE* Registration for Fall Programs**

Beginning Tuesday, September 7 at 7:00 pm

Registration is on a "First Come - First Served Basis"

Walk-in registration will be allowed starting Wednesday, September 8 at 8:00 am

Welcome to our Fall Programs Brochure for 2010

I am pleased to present to our Natick Community, the 2010 Fall Programs and Events Brochure. I would like to thank the staff for their efforts in planning and providing these quality programs and events and the Recreation and Parks Commissioners for their continued support. I would also like to recognize the seasonal staff and volunteers, who give their time in an effort to provide quality services to our customers.

★ **PLEASE NOTE** ★ The Department will mail the 2010 Winter Brochure to your homes in addition to utilizing school, newspaper, cable and our own Town/Department website at www.natickma.gov/recreation. Please see back page (pg 12) for more detailed explanation.

Please feel free to call the office at 508-647-6530 if you have any questions concerning our services. Thank you.

Dick Cugini, Superintendent • NR&PD

Commissioners:

Wayne Szretter, Chairman • NR&PD Commission
Tim Kelley
Ron Ordway

Mike Fair
Seth Levine
Sue Shea

John Griffith
David Ordway
Jessica Ordway

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Important Recreation & Parks Dates

Registration Deadlines

September 7	On-Line Program Registration Begins at 7:00 pm
September 8	Walk-in Program Registration Begins at 8:00 am at Cole
September 11	Fall Drama Workshop • Audition/Workshop
October 19 - 21	Youth Basketball Registration at Cole Center 7:00 pm (Guaranteed spot during these 3 nights)
October 22	Walk-in Basketball Registration Begins at 8:00 am at Cole (First come, first served based on Availability)

Community Special Events

Please refer to Page 7 for information on the following activities:

September 11	"Natick Days" on Natick Common (Rain Date Sept 12)
October 30	"SPOOKTACULAR" Halloween Party at Natick Common

Who We Are at Natick Recreation and Parks Department

The Natick Recreation and Parks Department (NR&PD) is composed of five major divisions: Recreation, Parks, Sassamon Trace Golf Course, Special Needs and the Natick Community Organic Farm. Besides our year round staff, we employ over three hundred part-time seasonal staff plus our invaluable volunteers. NR&PD is proud of the fact that we are able to provide the type of quality services that you have come to expect in Natick and we shall continue to strive to meet this goal.

RECREATION "ACTIVE LIFESTYLES"

The Recreation Division offers programming for the whole community covering ages two to seniors. Program subjects include, but aren't limited to, preschool play groups, aquatics, music, drama, art, summer camps, dance, self enrichment, instructional programming, trips, teen social programming, family and community special events and of course all kinds of sports programs, for both team and individual, in both competitive and non-competitive formats.

PARKS

The Department is responsible for the regulations, establishment of fees, scheduling and capital improvements of Natick's parks and fields. A complete list of parks, fields and historic sites is available in the NR&PD Office. Natick Common, the Cole Center, J. J. Lane (on Speen Street), Mary Bunker Park (Megonko Road) and Shaw Park (at S. Natick Center) are available for various group functions and public uses upon request. Please contact the office Monday - Friday between 8:00 am and 5:00 pm for information on reserving any fields, facilities or public park areas.

SPECIAL NEEDS RECREATION

NR&PD is pleased to be able to offer to Natick and the surrounding communities one of the most extensive year-round recreational programs for special needs in the area. The whole program is called "Skyline." Through the Skyline Program, special needs children, youth, teens and adults can take part in physical, social and educational opportunities that in the past have been unavailable. The program runs year-round and is mainstreamed into the community. The department is extremely proud of this program along with the well-known summer camp experience of Camp Arrowhead with its day camp and residential camp components.

SASSAMON TRACE GOLF COURSE

The Department is pleased to provide our community with an excellent 9-hole, par 32 golf course at 233 South Main Street • Natick. Tee times can be made by calling (508) 655-1330. Visit Sassamon Trace's web site at www.sassamontrace.com for more information.

NATICK COMMUNITY ORGANIC FARM

117 Eliot Street (Route 16) - Natick • (508) 655-2204

The Farm is a non-profit diversified working organic farm situated on 27 acres of town land. We welcome visitors and school groups year round to stroll, relax, pitch-in and experience the value of a productive open green space. Farm products such as: meat, wool, maple syrup, eggs, turkeys, organic produce, flowers and seedlings are sold daily, in season. Groups are welcome to tour and use the property at pre-scheduled times. A suggested \$3 donation per person per visit helps support the ongoing operation of the Farm. For more information, please visit the Farm's website at www.natickfarm.org.

Here's looking forward to a great Fall of 2010

Standard Time
"Fall Back"
November 7

FALL PROGRAMS

PRE-SCHOOL

There will be an OPEN HOUSE for parents interested in signing up for Playgroup, but may have some questions for the staff. It will be held Thursday evening, September 2 from 7:00 - 8:00 pm at the Cole Center.

PLAYGROUP • AGES 2 - PRE-K

TUE	9:00	-	11:00	2 yr. olds	\$158 (12 wks)
	11:30	-	2:00	3 yr. olds & Up	\$170 (12 wks)
WED	9:00	-	11:00	2 & 3 yr. olds	\$158 (12 wks)
	11:30	-	2:00	3 yr. olds & Up	\$170 (12 wks)
THU	9:00	-	11:00	2 yr. olds	\$138 (11 wks)
	11:30	-	2:00	3 yr. olds & Up	\$150 (11 wks)

REQUIREMENTS

- Child must be the proper age on the first day of class.
- Playgroup provides a comfortable and relaxed environment for your child to develop social skills with children their own age. Activities include: arts & crafts, music, creative movement, free play and snack time.
- Morning classes please bring a snack. Afternoon classes bring a lunch.

WHEN: Tue, Sep 21 - Dec 16 (Tue/Wed, 12 wks • Thu, 11 wks)
No class Nov 2, 11, 24, 25

STAFF: Kim Marshall Condon and Judy Dixon

DANCE CLASSES

Students should wear ballet slippers, non-skid socks or bare feet.

KINDER DANCE 2 • AGES 3 & 4 10:30 - 11:15 am

For boys or girls who have had Kinder Dance or another dance class. The class will build on the knowledge and appreciation of dance and gross motor skills in a fun and challenging way. Dance technique and terminology will develop through music, imagination and movement.

KINDER DANCE 1 • AGES 3 & 4 11:15 am - 12:00 Noon

A wonderful introduction into the dancer's world. Students develop their gross motor-skills, coordination, group skills and self-confidence in a fun and active learning environment. Class incorporates creative movement, parachute play, basic dance positions and steps with fun, lively music. Beanie Babies, balloons and other fun props will be used. *It is suggested that your child be able to separate. Any child 3 yrs. old as of September 1 should take two sessions of Kinder 1 before moving to Kinder 2.*

WHEN: Tue, Sep 28 - Nov 16 (7 weeks) **or**
Wed, Sep 29 - Nov 17 (7 weeks)
No class Nov 2, 3

FEE: \$69 Level/Class

INSTR: Shari Brass

BIRTHDAY PARTIES

- Fee \$175
- Supervision
- Sundays only 12:30 - 2:30 pm **or** 3:00 - 5:00 pm
- 2 Rooms for Cake, Ice Cream & Gift Opening
- Game Room (Air Hockey, Foos Ball, Ping Pong, TV/VCR, etc.)
- 1 hour in Gym (avail. for sports, tumbling, games & dancing)
- You supply your own paper goods, cake and ice cream.



For More Information Call 647-6530 and ask for Mary Lou

"BABES IN ARTLAND" • AGES 2 - 5

Children will be doing fun projects that build a child's self-esteem and help the child use his/her creativity. **Parent participation is a mandatory component!** Come have fun with your child!

WHEN: Thu, Sep 23 - Oct 28 (6 weeks)

TIMES: 9:00 - 9:45 am **~or~** 10:00 - 10:45 am

FEE: \$59



GYMNASTICS FOR ALL • AGES 3 & 4

A great program that will enhance coordination through tumbling, uneven bars, balance beam and vault taught on kid-size equipment.

WHEN: Fri, Sep 24 - Nov 19 (9 weeks)

TIME: 2:30 - 3:15 pm

FEE: \$108

INSTR: East Coast Mobile Gymnastics

MIGHTY-MITE SPORTS • AGES 4 & 5

Fun, active program where participants will take part in different sports/physical activities. Teamwork & sportsmanship stressed.

WHEN: Fri, Sep 24 - Oct 22 (5 weeks)

TIMES: 3:30 - 4:00 pm **~or~** 4:15 - 4:45 pm

~or~ 5:00 - 5:30 pm

FEE: \$45

THUNDERCATS MINISPORTS • AGES 4 - PRE-K

This fun program will include soccer, basketball, Softee™ hockey and other unique games like Sponge Bob Tag and "Finding Nemo". Emphasis is on basic skill building, developing hand-eye coordination, teamwork and FUN! Each participant will receive a sports related item.

WHEN: Tue, Nov 9 - Dec 7 (5 weeks)

TIME: 2:30 - 3:15 pm

FEE: \$59 (Includes supplies)

PRE-SCHOOL AGE PROGRAMMING NOTICE:

The Natick Recreation and Parks Department will be looking at expanding our pre-school age programming (Age 2 - Pre-K) later in the fall and for the future. We are looking at offering more diverse movement, music and art opportunities. Please check back in mid-October to see where we're at. Thank you, NRPD Staff.

YOUTH & MIDDLE SCHOOL PROGRAMS

SPORTS FOR ALL • GRADES K & 1

Everyone will play team oriented games, at this **non-competitive** sports and games program.

WHEN: Wed, Sep 15 - Oct 20 (6 weeks) **~or~**

Tue, Sep 21 - Oct 26 (6 weeks)

TIME: 3:30 - 4:45 pm

WHERE: Cole Center

FEE: \$65/Session

START WITH ART • DRAWING & PAINTING • GRADES 1 - 5

Venture into a multi-medium and lively hands on class for an independent art experience. Experiment with drawing, painting, sculpture and more. Our weekly class includes theme based or color based lessons. Be inspired by the works of great artists! Create your own masterpiece.

WHEN: Mon, Sep 27 - Nov 15 (6 weeks)

No class Oct 11, 18

TIME: 4:30 - 5:30 pm

FEE: \$134

INSTR: Christine Van

JUNIOR OLYMPIC ARCHERY • AGES 8 & UP

Natick Recreation and Parks Department has contracted with AceArchers to provide a Junior Olympic Archery Development program that emphasizes safety while teaching proper technique and form. Advancement awards are presented starting with the second meeting. These awards demonstrate the student's progress through the 10 levels of achievement. All materials are provided.

WHEN: Thu, Sep 16 - Oct 21 (6 weeks)
TIME: 3:30 - 5:30 pm
WHERE: John J. Lane Park • Speen Street • Natick
(Rain Location: Cole Center Gym)
FEE: \$93
INSTR: Thomas Herrington • NAA Level 3 Instructor

GYMNASTICS FOR ALL • AGES 5 - 7

A great program that will enhance coordination through tumbling, uneven bars, balance beam and vault taught on child-size equip.

WHEN: Fri, Sep 24 - Nov 19 (9 weeks)
TIME: 3:15 - 4:00 pm
FEE: \$108
INSTR: East Coast Mobile Gymnastics

REALLY AMAZING ROBOTICS • AGES 9 & UP

Participants will combine learning with doing and fun while building a sound-activated "Jungle Robot" to keep when the program is finished. The robot can be assembled to walk or travel hand-over-hand. Program provides a great introduction to understanding geared mechanisms, learning the basics of circuits and electronic components while providing an opportunity to work with gears, wheels, levers, motors, sensors, timers and microcontrollers.

No prior knowledge required.

WHEN: Mon, Oct 18 - Nov 15 (5 weeks)
TIME: 3:30 - 5:00 pm
FEE: \$145 (Includes supplies)

OVERVIEW TO BROADCASTING • PART 1 • AGES 10 - 18

Have you dreamed about being on TV? This workshop will get you started and culminate in your writing and reading commentary on camera. You can choose sports highlights, entertainment news, or whatever you'd like. You will learn the skills of real announcers- intonation, pronunciation, inflection and enunciation by using the teleprompter and learning eye contact with the camera.

These skills transfer to many careers beyond broadcasting and build confidence for college and work interviews. So stop texting and start writing and speaking! Check website: youngbroadcasters.com
<http://youngbroadcasters.com>.

Please choose the session that best fits your schedule.

WHEN: Sess 1 • Mon Oct 4, 18 and 25 ~or~
Sess 2 • Wed, Oct 6, 13 and 20 ~or~
Sess 3 • Sat, Oct 16, 23 and 30 ~or~
Sess 4 • Mon Nov 1, 8 and 15 ~or~
Sess 5 • Wed, Oct 27, Nov 3 and 10 ~or~
Sess 6 • Sat, Nov 6, 13 and 20 ~or~
TIME: Sessions 1, 2, 4, 5 • 4:00 - 6:00 pm (Weekdays)
Sessions 3 and 6 • 12:00 noon - 2:00 pm (Weekends)
WHERE: Young Broadcasters of America Studios
81 Speen Street • Natick
FEE: \$145

FANTASTIC FRIDAYS

\$5 at Door • Cole Center • 7:00 pm - 9:00 pm.

September	17	Grade 6
October	1	Grade 5
October	15	Grade 6
November	12	Grade 5
December	10	Grade 6

Parties will include a DJ, games, contests and prizes.

Concessions are provided as a fundraiser for future activities.

LOOK FOR UPDATES ON THE ELECTRONIC SCROLL BOARDS BY THE CAFETERIAS IN THE TWO MIDDLE SCHOOLS FOR INFO REGARDING FANTASTIC FRIDAYS.

NATICK DRAMA WORKSHOP • GRADES 5 - 8

A wonderful program for children to experience and explore theater arts via participation in a full-length musical production. Attendance is mandatory. Participants in Grade 5 will be cast in the Chorus. **Parent or legal guardian MUST accompany child to audition.** There will be a meeting of all parents/guardians at 9:00 am, day of audition, for an overview and to sign up for various jobs that need to be done.



ON-LINE REGISTRATION

Tuesday, September 7 • 7:00 pm

LIMIT: 55 children
AUDITION: **Sat, Sep 11 • 9:00 am - 12:30 pm**

Parent or Legal Guardian MUST Accompany Child to Audition.

REHEARSALS: Sat, Sep 18 - Nov 13 • 9:00 am - 12:30 pm
There will be 5 technical rehearsals in the evenings leading up to opening night.

FEE: \$96
SHOW DATES: Nov 19, 20 & 21
STAFF: Cindy Wright, Director
Jane Raithel, Musical Director
Lisa Cigna, Choreographer
Deb Finkelstein, Stage Manager

FUNDRAISING: Each participant required to raise \$50.

The Friends of Natick Drama Workshop is a non-profit organization operating under a Board of Directors whose main purpose is to insure that the production needs of the NDW program are met through the coordination of parent volunteers.

Parent participation is a necessary and vital part of this program. Many parent jobs, both large and small, need to be done - some can be done at home.

WINTER WONDERLAND ART WORKSHOP • GRADES 1 - 5

Welcome winter with a 3-day, multi-media art exploration workshop. Come create a whimsical snowman sculpture using a variety of interesting mediums. Painting of a still life, create a luminaries decoupage sculpture and more.

WHEN: Mon, Dec 6, 13 and 20 (3 weeks)
TIME: 4:30 - 5:30 pm
FEE: \$71 (Includes supplies)
INSTR: Christine Van

THUNDERCATS SPORTS JAM • GRADES K & 1

This is a co-ed, multi-sport program designed to give participants an opportunity to play and learn about basketball, soccer and floor hockey. Unique games and activities will be mixed in to create a fun, non-competitive atmosphere. Program will culminate with a *Fun Tournament Day!* Please bring an appropriate size basketball or soccer ball.

WHEN: Tue, Nov 9 - Dec 7 (5 weeks)
TIME: 3:15 - 4:15 pm
FEE: \$69 (bring a water bottle)

THUNDERCATS DODGEBALL & MORE • GRADES 2 & 3

Co-ed program consisting of different dodge ball related games, Doctor, Bombardment, Jail Break and more. (Gator skin safety balls will be used to ensure safety and fun.) Other sports and games will be mixed in to create a fun and exciting program. Please bring a water bottle. All participants receive sports related item.

WHEN: Tue, Nov 9 - Dec 7 (5 weeks)
TIME: 4:15 - 5:15 pm
FEE: \$69

MIDDLE SCHOOL SPECIAL EVENT TRIPS • GRADES 5 - 8

Release Day Trips!!

Don't Spend the Release Day In Front of the Tube!!

Keep an eye open for information on the electronic scroll boards in the middle school cafeterias.

PARENTS NIGHT OUT AGES 5 - GRADE 4

**PNO Registration accepted ON A FIRST COME, FIRST SERVED BASIS
BEGINNING WHEN YOU RECEIVE THIS BROCHURE.**

Please, do not use the registration form found in this brochure.

**Separate PNO Reg. Forms are available on line at
natickma.gov/recreation and in the "Community Section" of your
child's virtual backpack.**

Drop kids off for a night of games, crafts and movies while you have your own night of fun. Supervision by CPR & First Aid certified staff. Small snack and juice will be served.

A concession table is available.

WHEN: Sat, Sep 25, Oct 9, 23, Nov 6, 20, Dec 4, 18

TIME: 5:00 - 9:00 pm (NEW TIME)

FEE: \$16 1st child, \$10 2nd child, \$5 each additional child in your immediate family. Pizza available for \$2/Child.

NOTE: For a **Full Refund**, cancellations must be received at the NRPD Office by **12:00 noon the Friday before** your scheduled PNO.

PLAY TENNIS AMERICA • GRADES 3 - 7

Basic fundamentals for beginners and advance beginners.

WHEN: Session 1 • Sun, Sep 19 - Oct 31 (6 weeks)

Session 2 • Sun, Nov 7 - Dec 19 (6 weeks)

No class Oct 10, Nov 28

TIME: 5:00 - 6:00 pm • Grades 3 & 4

6:00 - 7:00 pm • Grades 5 - 7

WHERE: Natick Racquet Club • 16 Michigan Drive, Natick

FEE: \$96



DO YOU BELIEVE IN MAGIC • AGES 9 - 12

Learn the "art" of magic from a professional magician! Get hands-on assistance as you learn the secrets behind each trick.

Participants receive the props and a booklet explaining each trick.

WHEN: Fri, Sep 24 - Oct 22 (5 weeks)

TIME: 3:45 - 4:45 pm (NEW TIME)

FEE: \$81

INSTR: Joe Carota, Professional Magician

BLAST! • GRADES 6 - 9

Babysitter Lessons And Safety Training

Potential babysitters will learn how to handle the basics of infant and child-care. Topics you'll cover range from how to react responsibly to medical emergencies, how to perform first aid for common childhood injuries and illnesses, how to set-up and run your own babysitting business and how to entertain with games and songs. This is an *American Academy of Pediatrics* Course.

Participants will receive a certificate of completion, easy-to-follow first aid instructions and a sitter checklist to copy for each job. Participants should bring a light lunch and drink.

WHEN: Session 1 • Tue Sep 28 ~or~

Session 2 • Thu, Oct 21 ~or~

TIME: 12:00 - 3:30 pm

FEE: \$45

INSTR: Juanita Allen, EMT and CPR & First Aid Instructor

HOME ALONE SAFETY • GRADES 4 & 5

Girls and boys learn telephone and door answering techniques, Internet safety and accident and fire protection. They'll also learn some basic first aid and time management tips for when they are alone for short periods of time.

WHEN: Session 1 • Tue Sep 28 ~or~

Session 2 • Thu, Oct 21 ~or~

TIME: 3:30 - 5:30 pm

FEE: \$40

INSTR: Juanita Allen, EMT and CPR & First Aid Instructor

WANT TO BE A TV PRODUCER? • GRADES 5 - 8

Learn how to work in a TV studio, to use the camera, lights and audio. At the end of the four weeks you will be able to use the equipment and produce a skit. Fee includes a year membership to Natick Pegasus. Please new members only.

WHEN: Wed, Oct 6 - 27 (4 weeks)

TIME: 3:00 - 4:30 pm

WHERE: Natick Pegasus • 2 Summer Street • Third Floor

FEE: \$26

INSTR: Dan McDermott

BASKETBALL • GRADE 3

A fun and instructional program, emphasizing fundamentals, good sportsmanship and some of the basic rules. Dribbling, passing, defense, shooting, rebounding, etc.

Last two weeks will be all controlled scrimmaging!!

WHEN: Mon, Oct 18 - Nov 22 (6 weeks)

TIMES: 3:30 - 4:15 pm ~or~ 4:15 - 5:00 pm

FEE: \$60

INSTR: Dan Keefe & Jon Marshall

WINTER BASKETBALL • GRADES 4 - 8

SPECIAL REGISTRATION NIGHTS

Tue, Oct 19, Wed, Oct 20, Thu, Oct 21

7:00 - 8:30 pm at Cole Center

TEAMS: Girls, Grade 4 • Boys, Grade 4

Girls, Grades 5 & 6 • Boys, Grades 5 & 6

Girls, Grades 7 & 8 • Boys, Grades 7 & 8

WHEN: Nov 29 through Feb 19

FEE: \$90 • Grades 4 - 6

\$100 • Grades 7 & 8

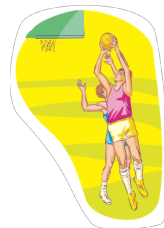
Please note: There will be a special practice for players in Grade 7 on Saturday, November 20, site/time TBA.

WHAT: Teams practice once a week. All teams play a 9-game schedule mainly on Saturdays 9:00 - 4:00 pm.

GOALS: Instruction, Team Play & Sportsmanship

ALSO: To keep costs of the program down, volunteer coaches are needed in all divisions. For information about coaching call Dick Cugini at (508) 647-6530.

Separate registration forms will be available through the schools or on the night of registration. Do not use the form contained in this brochure to register for Winter Basketball!



YOUTH WRESTLING • GRADES 2 - 8

The program stresses fundamentals in a structured and safe format regardless of size or weight! Participants wrestle in their own weight class. **Please put your son's weight & T-shirt size on registration form.**

WHEN: Gr. 2 - 4 • Mon & Thu • Nov 29 - Feb 10

Gr. 5 - 8 • Mon & Thu • Nov 29 - Mar 3

TIME: 6:30 - 8:00 pm

WHERE: Natick High Wrestling Room

FEE: Grades 2 - 4 • \$30 Grades 5 - 8 • \$60



ADULTS

DANCE EXERCISE

Achieve your fitness goals with creative choreography combined with CORE strength training and stretching. Work at your own level, make new friends and have a great time!

Exercise can be Fun!! *JUST DANCE!!*

WHEN: Tue and Thu, Sep 16(Thu) - Dec 16 (13 weeks)
No classes Nov 2, 25

TIME: 6:15 - 7:15 pm

FEE: \$140/2 nights **or** \$95/1 night

INSTR: Judy Forman/Helen Thomas

CO-ED OPEN GYM VOLLEYBALL

Players must be out of High School. Group will play pick-up volleyball with teams being different every week.

WHEN: Wed, Sep 15 - Dec 15 (13 weeks)
No class Nov 24

TIME: 6:30 - 8:30 pm

WHERE: Kennedy Middle School

FEE: \$58

MEN'S OVER 30 BASKETBALL

Pick-up game format will be used. If program is over subscribed, we will attempt to secure a second site.

WHEN: Sess 1 • Tue, Sep 21 - Dec 21 (13 weeks)

WHERE: Kennedy Middle School

WHEN: Sess 2 • Tue, Sep 21 - Nov 23 (9 weeks)

WHERE: Wilson Middle School

No class Nov 2

TIME: 7:00 - 8:30 pm

FEE: Sess 1 • \$45

Sess 2 • \$33

HEART SAVER PEDIATRIC FIRST AID & CPR

This American Heart Association Course is designed for individuals who may need to respond to a First-Aid emergency. Participants will learn how to handle injuries and manage illness in the first few minutes until professional help arrives. Six modules are covered; First-Aid basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, adult CPR/AED, Pediatric CPR. Course meets the requirements of child-care providers, teachers, foster care workers, camp counselors, scout leaders, coaches, etc. Certification is good for 2 years.

WHEN: Sess 1 • Tue, Sep 28

Sess 2 • Thu, Oct 21

TIME: 6:00 - 9:30 pm

WHERE: Cole Center

FEE: \$67

INSTR: Juanita Allen, EMT and CPR/First Aid Instructor

OVERVIEW TO BROADCAST COMMUNICATION - PART 1 • AGES 18+

All participants will learn how to deliver a broadcast script using Young Broadcaster of America's 4 keys (IPIE) to broadcasting, Intonation, Pronunciation, Inflection and Enunciation. Experience and gain confidence in reading off a teleprompter, introduction to the interview and an initial intro into hosting your own talk show. Check out their website at www.youngbroadcasters.com.

Please choose the session that best fits your schedule.

WHEN: Sess 1 • Mon Oct 4, 18 and 25 **~or~**

Sess 2 • Mon Nov 1, 8 and 15

TIME: 7:30 - 9:30 pm

WHERE: Young Broadcasters of America Studios

81 Speen Street • Natick

FEE: \$145

SASSAMON TRACE GOLF COURSE

PETE MEAGHER, GOLF COURSE MANAGER • PGA PROFESSIONAL

Upcoming Tournaments open to all golfers. Registrations for golf tournaments to be done at the Golf Course. Please contact Sassamon Trace at (508) 655-1330 or log onto www.sassamontrace.com for more information on the following:

SATURDAY AND SUNDAY, AUGUST 21 & 22 • 9:00 am

Sassamon Trace Club Championship • \$50/player
36 holes Gross, Net and Senior Divisions

LABOR DAY • MONDAY, SEPTEMBER 6

4:00 pm • SHOTGUN START

Adult - Junior 4-person Team Scramble

\$25/person (Includes 9 holes with cart, lunch and prizes.)

FRIDAY, SEPTEMBER 24 • 7:00 pm

Night Golf Experience • 10-Holes • SHOTGUN START

A fundraiser for the Natick High School Golf Team.

Entry Fee \$35/player. This is a walking event.

FRIDAY, OCTOBER 8 • 8:00 am

The Corporate Cup • 18-Holes • SHOTGUN START

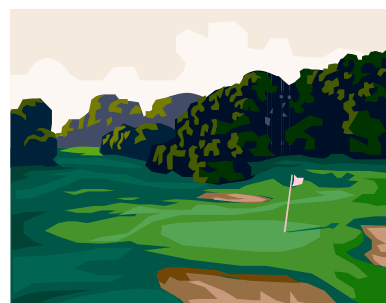
\$75/2 person team (includes lunch and prizes)

Come challenge the defending champions -
Natick Recreation Department

COLUMBUS DAY • MONDAY, OCTOBER 11

Parent/Child Challenge • 9-Hole Par 3 • 3:00 pm • SHOTGUN START

Family fun with lunch provided. Entry Fee \$60/2 person team.



PLAY TENNIS AMERICA (INDOOR)

Lessons for beginner and advanced beginner players.

WHEN: Session 1 • Sun, Sep 19 - Oct 31 (6 weeks)

Session 2 • Sun, Nov 7 - Dec 19 (6 weeks)

No class Oct 10, Nov 28

TIME: 7:00 - 8:00 pm

WHERE: Natick Racquet Club • 16 Michigan Dr., Natick

FEE: \$96

CO-ED ULTIMATE FRISBEE • ADULTS

A Co-Ed Ultimate Frisbee program. We play pick-up style games on Saturday afternoons. This is a fun and recreational program; anyone who is registered and paid can play.

WHEN: Sat, Sep 18 - Nov 6 (8 weeks)

TIME: 4:00 - 6:00 pm

WHERE: Cole North Field

FEE: \$20

SPECIAL EVENTS • FAMILY RECREATION OPPORTUNITIES

NATICK DAYS

Saturday, September 11 • 11:00 am - 4:00 pm

Rain Date: Sunday, September 12 • 1:00 pm

Come join in on Natick's own *All Day Community Celebration*, held at the Natick Common.

Details of events coming soon in Newspapers and School Flyers.



PUBLIC SWIMMING FOR NATICK RESIDENTS AT KEEFE TECH

750 Winter Street • Framingham

Natick Recreation and Parks in conjunction with the Framingham Parks and Recreation is pleased to provide public swimming at Keefe Technical School Pool weekends Sep 25 through Dec 18.

Pool will be unavailable the following dates: Oct 23, 24, Dec 4, 5

Saturdays: FREE for Senior Citizens • 2:00 - 3:00 pm

Saturdays: \$2/youth • \$4/Adult • 3:00 - 4:30 pm

Sundays: \$2/youth • \$4/Adult • 2:00 - 3:30 pm

Youth 12 years old and under must be accompanied by an adult.

Call Framingham Rec. Dept., 508-532-5960 for more information.

SPOOKTACULAR (HALLOWEEN PARTY)

SATURDAY, OCTOBER 30

The 14th annual town-wide Halloween Party will take place on the Common. If you're interested in volunteering or making a donation to help out the event, contact Jon Marshall at (508) 647-6530.

Look for details at schools, libraries and in the local papers!!

WILLIAM L. CHASE ARENA

Facilities Management Corporation is currently managing the William L. Chase Arena at 35 Windsor Ave. Hockey leagues, figure skating instruction and public skating times are available. Please call (508) 655-1013 for more information concerning their fall and winter program opportunities.

SPECIAL NEEDS RECREATION

SPECTACULAR SATURDAYS

September 25 - December 11 (10 weeks)

No class Oct 9 or Nov 27

LET'S GO BOWLING

Watch your scores climb as you enjoy the activity of bowling!

TIME: 9:15 - 10:30 am

(For those registered for transportation, the van will leave the Cole Center promptly at 8:45 am.)

WHERE: Ryan Family Center in Millis

FEE: \$99

GOOD COOKING

Enjoy a "healthy and nutritional" cooking and baking class!

TIME: 11:15 am - 12:30 pm

WHERE: Cole Center

FEE: \$97

~or~

VILLARI'S MARTIAL ARTS

Learn the principles of self-defense through breathing, movement and practice.

TIME: 11:15 am - 12:00 pm

WHERE: Villari's Martial Art Studio • 12 Walnut Street, Natick

FEE: \$97

DANCE

Learn to dance the popular dances at clubs, at weddings and parties while listening to some great music.

TIME: 2:15 - 3:00 pm

WHERE: Nancy Kelly Dance Studio • 7 Pond Street • Natick

FEE: \$94

~or~

THE CREATIVE ARTIST

Enjoy art classes that will have you doing pottery, painting a collage and more.

TIME: 2:15 - 3:30 pm

WHERE: Danforth Art Museum - Framingham

FEE: \$100

NOTE: Members choose one program from each box. Choices are for all 10 weeks.

SATURDAY LUNCH CLUB • BRING \$7 PER WEEK

SKYLINE TRANSPORTATION

Transportation is provided from Bowling to Cooking/Sports and finally to the Creative Artist/Dance Programs.

FEE: \$35

LIMIT: 22

SOCIAL ACTIVITIES

The Department provides social trips to movies, events, comedy clubs, dining establishments and more on Friday & Saturday nights. For more details on social activities please call the Recreation Department at 508-647-6530. A flyer will go out prior to first night with details.

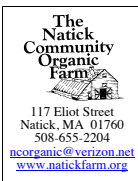
• **Friday Night "Live"** • Fri, Sep 24, Oct 22, Nov 5, 19, Dec 3
6:30 - 9:30 pm • \$115

• **Ticket to Adventure** • Sat, Sep 18, Oct 2, 16, 30, Nov 13, Dec 11
5:30 - 10:30 pm • \$255

PATH • Parents Association For The Handicapped

PATH is sponsoring a "Halloween Costume Party" on Friday, October 29, at the Cole Center from 6:30 - 9:30 pm along with our popular Friday Night Coffeehouse/Karaoke Pizza Partys during the fall.

Please contact the Recreation Department if you are interested in these programs or in giving your time, talent or financial support in helping PATH and/or NRPD in these endeavors.



FALL PROGRAMS AT THE FARM

The Natick Community Organic Farm is a non-profit, diversified working organic farm situated on 27-acres of town land. We welcome visitors and school groups to learn, relax, picnic, pitch in and experience the value of productive, open green space. The Farm is open dawn to dusk, year-round, selling eggs, organic produce and maple syrup.

Programs are held at the Farm rain or shine. Dress appropriately!!

To register for NCOF programs on-line and/or more detailed information, please go to our website www.natickfarm.org.

PRE-SCHOOL PROGRAMS • AGES 3 - 5

GOT MILK?

Come learn about our milking animals. Spend some time with our milking friends! Does chocolate milk really come from brown cows? Come see and taste what we can make with milk!

WHEN: Wed, Sep 15 **or** Thu, Sep 23

TIME: 10:15 - 11:45 am

FEE: \$18 (Mem \$16)

CHORE TIME

Come down to the Farm and wake, feed and water the animals up.

WHEN: Mon, Sep 20, 27, Oct 4, 18 Mon, Oct 25, Nov 1, 8, 15

Tue, Sep 21, 28, Oct 5, 12 Tue, Oct 26, Nov 9, 16, 23

Wed, Sep 22, 29, Oct 6, 13 Wed, Oct 27, Nov 3, 10, 17

Thu, Sep 23, 30, Oct 7, 14 Thu, Oct 28, Nov 4, 18, Dec 2

TIME: 9:00 - 10:00 am

FEE: \$48/4 classes (Mem \$43)

LITTLE HANDS IN THE SOIL

We are looking for little hands to help us harvest our crops and put the garden to bed.

WHEN: Mon, Sep 20, 27, Oct 4, 18 **or** Tue, Sep 21, 28, Oct 5, 12

TIME: 10:30 - 11:30 am **or** 1:30 - 2:30 pm

FEE: \$48/4 classes (Mem \$43)

MEET THE FARM ANIMALS

Meet our friendly Farm animals, cuddle a bunny, scratch a goat or hunt for eggs.

WHEN: Mon, Sep 20, 27, Oct 4

TIME: 1:00 - 1:45 pm **or** 2:00 - 2:45 pm

FEE: \$27/3 classes (Mem \$24)

FALL CRAFTS AND ACTIVITIES

With your little fingers, transform bounties from the Farm into crafts to take home. We will be out and about on the Farm to discover and explore.

WHEN: Wed, Sep 22, 29, Oct 6, 13

TIME: 10:30 - 11:30 am

FEE: \$56/4 classes (Mem \$50)

FARM FRIENDS

Each week we will visit a special Farm animal, read a story about it and finish with a project or craft related to our new friend.

WHEN: Thu, Sep 23, 30, Oct 7, 14 **or** Thu, Oct 21, 28, Nov 4 and 18

TIME: 10:45 am - 12:00 pm

FEE: \$60/4 classes (Mem \$54)

JUNIOR POND EXPLORERS

Explore the waterways of the farm. With dip net and magnifying glass in hand we will get a close-up view of some of the Farm's smallest critters.

WHEN: Tue, Oct 5

TIME: 10:00 - 11:00 am

FEE: \$12/class (Mem \$10)

HOP WITH THE BUNNIES

Spend some time petting these warm, fuzzy little creatures. Learn how they live in the wild and how we care for them at home.

WHEN: Thu, Oct 21 **or** Nov 4

TIME: 9:30 - 10:30 am

FEE: \$12/class (Mem \$10)

SCHOOL AGE PROGRAMS

AFTER SCHOOL FARMERS (Grades K - 4)

In cooperation with ASAP (After School Activities Program at Memorial) we invite students to come down to the Farm and help with the many Fall Farm chores. ASAP students will be walked over from Memorial by a staff member.

WHEN: Grades K and 1: Tue, Sep 14 - Oct 19

Grades 2 - 4: Thu, Sep 16 - Oct 21

TIME: 3:30 - 5:00 pm

FEE: \$99/6 classes (Mem and ASAP Students \$90)

YOUTH WORK EXPERIENCE • AGES 11+

We are inviting middle school students to join Farm staff after school to work in the gardens, take care of the animals and help with maintenance. This hands-on learning experience gives participants a chance to learn job skills.

WHEN: Tue **and/or** Wed **and/or** Thu afternoons

Sep 14 - Nov 18 (9 weeks)

TIME: 3:00 - 5:00 pm

FEE: \$90/day of the week (Mem \$81)

GOT MILK? • AGES 5 - 8

Let's visit the goats and our cow. Milk the goats and find out about the many products we can turn it into.

WHEN: Wed, Sep 15

TIME: 3:30 - 5:00 pm

FEE: \$16/class (Mem \$14)

FEED THE FARM ANIMALS • AGES 6 - 8

Hands on interaction during afternoon chore time as the animals are fed and watered, cuddled and put to bed for the night.

WHEN: Mon, Sep 20, 27, Oct 4

TIME: 3:15 - 4:15 pm

FEE: \$33/3 classes (Mem \$30)

BARNYARD BUDDIES • AGES 5 - 9

Help wake up the farm with morning chores feeding, watering and collecting eggs.

WHEN: Sat, Sep 25, Oct 2, 16, 23, 30, Nov 6, 13 **and/or** 20

TIME: 8:30 - 10:00 am

FEE: \$16/class (Mem \$14)

POND EXPLORERS • AGES 6 - 10

Explore the waterways of the farm and the creatures that call this aquatic world home. With dip net and magnifying glass in hand we will get a close-up view of some of the farm's smallest critters and learn about their role on the farm.

WHEN: Tue, Oct 5

TIME: 3:30 - 4:30 pm

FEE: \$11 (Mem \$10)

CHICKENS AND TURKEYS • AGES 5 - 8

Meet a chicken and greet a turkey. We learn what they really love to eat and feed them ourselves. Maybe if we're quiet, we can hold a chicken (turkeys will be too big). Then we'll hunt for eggs in the nesting boxes.

WHEN: Wed, Oct 6

TIME: 3:30 - 4:30 pm

FEE: \$11/class (Mem \$10)

FARMER'S HELPER • AGES 8+

Care for the livestock and help with the evening chores while feeding and securing the animals for the night.

WHEN: Wed, Oct 13, 20, 27

TIME: 4:00 - 5:00 pm

FEE: \$33/3 classes (Mem \$30)

These programs are designed for **registered child(ren) only**.
Parents/siblings are welcome to walk the farm
during program time.

To register on-line and for more detailed information about NCOF programs, please go to our website at www.natickfarm.org.

ONLY BUNNIES • AGES 5 - 9

Not enough time to play with bunnies on regular Farm visits? Thinking about a rabbit for a pet? Here's your chance to hold, care for and get all your questions about these furry critters answered.

WHEN: Thu, Oct 21 **or** Nov 4
TIME: 3:15 - 4:15 pm
FEE: \$11/class (Mem \$10)

DRAMA ON THE FARM • AGES 6 - 9

Discover the Farm as a place for Drama. We'll do warm-up exercises, plan a walking play, make costumes, set up our stage, practice and perform! ASAP students can be walked over from Memorial School by a staff member.

WHEN: Tue, Nov 9, 16, 23, 30
TIME: 3:30 - 5:00 pm
FEE: \$66/4 classes (Mem and ASAP students \$59)

FAMILY PROGRAMS

FOREST GNOMES • AGES 3 - 5 A "WALDKINDERGARTEN" PROGRAM

A classroom without walls, changing with the seasons. Space for exploration, testing your limits, being quiet and still. Please go to our website www.natickfarm.org to find out more.

WHEN: Mon and Wed, Sep 13 - Jun 8, 2011
TIME: 8:45 - 12:45 pm
FEE: \$2622

TODDLER EXPLORERS

For those children too young to separate, come with your parent/caregiver for a fun exploration of the farm. Join us as we read a farm story, see the plants and animals, watch a goat being milked or touch a soft bunny. A wonderful first exploration of the farm for children ages 1 - 3 years!

WHEN: Thu, Sep 23, 30 **or** Thu, Oct 7, 14
TIME: 9:30 - 10:30 am
FEE: \$24/session/family (Mem \$22)

A FARMER'S MORNING

Let's do it the farmer's way! First we will take care of the animals, feed and water them. We'll collect fresh eggs for breakfast, and then head inside for a hearty farm breakfast.

WHEN: Sun, Sep 26 **and/or** Oct 10
TIME: 9:00 - 10:30 am
FEE: \$16/adult (Mem \$14); first child \$12 (Mem \$11), subsequent children \$6; children under 3 are free

SCOUT PROGRAMS

Explore the Farm with your troop through our many scout programs. All programs are offered **Monday through Thursday**. You can register for the following programs:

- **Interactive Farm Tour** • \$6/Scout
- **Animal Try-It • Brownies** • \$9/Scout
- **Plant Try-It • Brownies** • \$9/Scout
- **Eco Explorer • Brownies** • \$9/Scout
- **Plants and Animals Badge** • Junior Girl Scouts • \$9/Scout
- **Prints and Graphics Badge** • Junior Girl Scouts • \$12/Scout
- **Rocks Rock Badge** • Junior Girl Scouts • \$9/Scout
- **Chore Time** • Boy Scouts • \$6/Scout
- **Holiday Crafts/Bees Wax Candles** • \$15/Scout

SCOUT OVERNIGHT

Pitch your tent at the Farm, put the animals to bed, bake pizza in our adobe bread oven or enjoy a campfire. Wake up the animals in the morning and then make your own farmer's breakfast with the Farm's own eggs and maple syrup.

WHEN: Sat to Sun in Sep and Oct
FEE: \$25/Scout

For detailed information on these Scout programs, please go to our website natickfarm.org. To register, please e-mail Jeannette at jchristensen.ncorganic@verizon.net to check on availability. THANKS!

FARM FUN FOR THE COMMUNITY

FARM TOUR FOR SENIORS

This Farm tour is especially for seniors who'd like to learn about our community farming. We'll move at a comfortable pace on foot, visiting the animals, the fields, and the greenhouses while discussing the farm's mission, history, and future. Please wear walking shoes and a sun hat. You are welcome to snack or to picnic at the Farm's picnic benches before or after the tour.

WHEN: Fri, Oct 1
TIME: 10:00 - 11:00 am
FEE: \$6

BARNYARD BIRTHDAY BASH

Members, come celebrate your child's birthday at your local Farm! Explore farm life, take a hike in the woods, do a scavenger hunt or just relax. If you book Saturday or Sunday between 10:00 am and 2:00 pm, you can also sign up for a guided Farm tour or a visit with the bunnies for \$25.

Picnic tables, indoor workshop and barn are available to use for a parent-planned party. Go to www.natickfarm.org to print out a "Barnyard Birthday Bash" form. To check availability, please call the Farm at 508-655-2204.

FEE: \$100



Order your Thanksgiving Turkey

The Natick Community Organic Farm is raising 180 turkeys. Our turkeys are fed organically grown grains and are raised free range in our pastures. Please go to www.natickfarm.org to pre-order your turkey (\$25 deposit). Priority ordering for Members until Oct 15.

We're showing off our good Taste

Join us to share the harvest at our
9th Annual Harvest Dinner & Auction.

Monday, September 20, 2010
6:00 to 9:00 pm
The Wellesley College Club
727 Washington Street
Wellesley, MA

The night will be friendly, festive and complimented by a tasty feast of organic and locally grown foods prepared by the Wellesley College Club's Executive Chef Larry Kessel and his staff.

You will have the opportunity to bid on select auction items, including stays at "green" inns, gift certificates to local restaurants, spa packages, and a number of other environmentally friendly and locally made products.

Additional items will be auctioned off online.

**Tickets: \$70/person before September 6
\$90/person after September 6**

Please go to www.natickfarm.org to purchase your tickets. Auction items will be listed the Farm's website starting August 1.

All proceeds go to support the Teen Work Summer Program, an apprenticeship and mentoring program for High School students.

NCOF Administrative Staff

Lynda Simkins, Farm Director
Jean-Claude Bourrut Lacouture, Assistant Farm Director
Patricia Umbrell, Farm Administrative Assistant

It's Registration Time...

ON-LINE REGISTRATION will begin at
7:00 pm on Tuesday, September 7.
www.natickma.gov/recreation
then link to On-line Registration

PLEASE NOTE!!

NR&PD will accept walk-in Program
Registrations, beginning
Wednesday, September 8 • 8:00 am.

For after hours drop-off, use
Cole Center's overnight mail slot
(to right of front door.)

Check your child's Virtual
Backpack under "Community
Notices" during the fall for info on
Special Events.

Office Information

HOURS:

Monday - Friday
8:00 am - 5:00 pm
179 Boden Lane
Natick, MA 01760

Phone 508-647-6530

FAX Machine 508-647-6535

Cancellations • After 5:00 pm 508-647-6530

Web Site <http://natickma.gov/recreation>

Every program and activity in the Recreation and
Parks Department is open to all, regardless of
race, religion, color, sex, marital status, national
origin or persons with disabilities.

Administrative Staff

Dick Cugini, Superintendent
Dan Keefe, III, Assistant Superintendent
Mary Lou Coffey, Bookkeeper/Receptionist
Beth Cugini, Receptionist
Jon Marshall, Program Coordinator
Linda Pinault, Administrative Assistant

REGISTRATION INFORMATION & GENERAL POLICIES

Registration is now done **ON-LINE!!**

Visa, MasterCard & Discover Accepted

Checks payable to the "Town of Natick"

A \$25 fee will be charged for all returned checks.

Exceptions to On-Line Registration: Special Needs Programs,
Grade 4 - 8 Basketball, Sassamon Trace Golf Programs and
Natick Community Organic Farm.

All programs have enrollment limits.

We may cancel or postpone a program with low enrollment.
Decisions are usually made one week prior to program start date.

Recreation and Parks Department reserves the right to cancel,
alter, or change any classes if circumstances warrant.

Payment: **Full payment** must accompany your
registration.

Financial Aid: Limited financial aid is available. For
information contact the Natick Service
Council located at 2 Webster Street, Natick.

Refunds: **Refunds are given only if a program is
terminated by the department, or receipt of a
doctor's note excusing participant from
continuing. Refunds will take up to four
weeks to be processed.**

Filled Programs: Waiting List will be available **ON-LINE**. Your
account will not be charged. We will try to
add additional sessions for oversubscribed
programs.

Program Location: Most programs are offered at The Cole
Center. Other locations are specified in
program description.

Cancellations: Programs are cancelled when school is
cancelled. Call **(508) 647-6530 after 5:00 pm
weekdays** and follow automated instructions
for weather cancellations.

Make Ups: When extreme weather conditions or an
instructor's request results in program
cancellation, we will make up the class when
possible or refund the pro-rated balance.

**"Reasonable accommodations and audio-visual aids and
services will be available upon request."**

"Create Community through People, Parks and Programs"



Looking for the Registration Form?



Natick Recreation and Parks Department Registration is..... **ON-LINE!!!**
(though certain programs will not be available on-line)

Okay, so how will this work??

- On Tuesday Evening, September 7 at 7:00 pm the *Fall Registration* will go LIVE!!! All payments must be made by VISA, MasterCard or Discover.
- Registration will be a first come - first served process.
- Go to the Natick Recreation and Parks Department Website:
<http://natickma.gov/recreation>
- Click "On-line Registration." You will go to the Activity Registration Page.
- There will be 5 easy to follow steps. Follow the prompts.
- You will be prompted at the end to cash out or add more to cart, if you want to register more programs for that individual, continue to do so (their personal information will remain in all the original fields.)
- When prompted to cash out or add more to cart and you would like to register another member of your family, **BE SURE TO CHANGE** name, sex (if needed) and birth date to reflect that next family member accurately.
- Some of our programs have multiple ages, sessions and times, so please be sure to choose the right age, session and time.
- Before finalizing your transaction, please check to be sure you registered for what you wanted.

NATICK RECREATION AND PARKS DEPARTMENT

179 Boden Lane

Natick, MA 01760

(508) 647-6530 • Office

(508) 647-6535 • FAX

(508) 647-6530 • Announcements/Cancellations (*Follow Menu*)

<http://natickma.gov/recreation> • Website

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☆ ATTENTION NATICK RESIDENTS ☆

The NRPD mails out three main brochures; one in the fall, one in the winter and a brochure covering spring/summer. Beyond these brochures we provide updates, flyers and information on upcoming special events through the schools Virtual Back Pack under “Community Notices”, the Natick TAB/Bulletin and on our website.

<http://natickma.gov/recreation>

Parents of school children, updates can now be found on the “Community Notices” link in your children’s Virtual Backpacks. Thank you for your continued support and understanding as we work on your behalf to offer **high-quality and affordable** programming.

Community Group Contact Information

Public Non-Profit Leisure Organizations

Cochituate State ParkTim Murphy.....(508) 653-9641
Men's Softball League.....(508) 650-0790(TAPE)
Men's Softball League.....www.naticksoftball.com(WEBSITE)
William L. Chase Arena.....(508) 655-1013

Natick Youth Sports Leagues

Junior Redmen (Football & Cheerleading).....(508) 653-9900(TAPE)
Lacrosse.....(508) 653-8529(TAPE)
Little League(508) 647-0467(TAPE)
Little Leaguewww.natickll.org(WEBSITE)
Soccer Club (No Phone #).....www.naticksoccer.org(WEBSITE)
Youth Hockey • Comets Hot Line(508) 655-2939(TAPE)

Other Public Service Agencies

A Place To Turn(508) 655-8868

Bacon Free LibraryDiane Wallace(508) 653-6730
Katherine Kennedy Senior Center.....Moir Munns(508) 647-6540
Natick Human Services.....Moir Munns(508) 647-6540
Kids ConnectDebbie Sayre(508) 652-4211
Morse Institute LibraryLinda Stetson(508) 647-6520
Natick Family Network(508) 655-2557
Natick Food Pantry(508) 651-3663
Natick Service Council(508) 655-1791